

## Life Coaching at IBC

*Thank you for your interest in volunteering your time as a Life Coach for IBC students!* The IBC Life Coaching Program is one aspect of the total discipleship process for an IBC student. One of the primary aims of Life Coaching is to assist the student in connecting their faith to the practical areas of life that relate to integrity, faithfulness, and stewardship. Life Coaches work alongside Spiritual Formation mentors in helping students develop holistically, applying biblical principles to everyday life.



Life Coaching at IBC aims at helping students live with integrity in every area of life, including ministry, finances, time management, work, and academics. Our Life Coaching Program is informed by a biblical worldview, is dependent upon the Holy Spirit, and functions within the parameters of our students' needs.

The IBC Life Coach should strive to be as nondirective as possible, as with all good life coaching, (i.e., requiring minimal direct advice on the part of the coach) and aim at empowering the student to make wise decisions that will eventually lead to a God-honoring life.

IBC Life Coaching is a formalized program that consists of scheduled appointments, gathered student information, and logged data concerning the progress of students – a format familiar to conventional coaching practices. The IBC Life Coach does not operate as a counselor, psychiatrist, mentor, or legal practitioner in their relationship with the student but rather is in the process of “partnering with others in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.”



If you are interested in getting involved as a Life Coach at Indian Bible College, please contact Martha Gushee.

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